



Helping Older Adults
Live Independently

NORTH SHORE AREA PARTNERS



HOLIDAY OPEN HOUSE
THURSDAY, DECEMBER 12
11 a.m. - 1 p.m.



*Join us for snacks & refreshments
at our office at 99 Edison Blvd, Room 20*

Visit with our staff

to learn about the volunteer services we provide
for older adults living at home.

Celebrate with us

our expansion into providing licensed in-home care
so seniors can remain in our community longer.

MEET OUR NEW HOME HEALTH AIDES!



Diane LaBerge

Diane brings over 35 years of experience in the health field as a medical assistant and certified nurse assistant. She has volunteered extensively for the American Cancer Society. Her hobbies include gardening, hiking, and scrap booking.



Bambi Raddatz

Bambi brings over 15 years of experience in the service industry and personal caregiving, along with a deep desire to fulfill the needs of our aging community as a certified nurse assistant. Her hobbies include hiking and traveling.

HOW WE CAN HELP

HOMEMAKING & CHORES

grocery shopping,
frozen meals on wheels delivery,
light housekeeping,
light yard work & repairs.

TRANSPORTATION

rides to medical appointments in
Two Harbors and the Duluth area,
local errands.

COMPANIONSHIP & CAREGIVER SUPPORT

friendly visiting & phone calls,
respite for caregivers,
caregiver consultation.

SERVICES & REFERRALS

emergency phones (PerMar),
tax preparation (AARP),
medical equipment loan closet,
education & advocacy,
service coordination.

IN-HOME SUPPORT

household and personal assistance,
mobility & movement assistance,
medical equipment assistance,
medication set up & reminders.

**Compassionate and confidential
support for older adults age 60+
who wish to remain in their homes
for as long as possible.**

99 Edison Blvd, Room 20
Silver Bay, MN 55614
218-226-3635
www.nsapartners.org

MONTHLY CALENDAR

**1st
Thursday**

NEW "Solos" Support Group | 1:00pm – 2:00pm
In the conference room at the U.P. Church, 17 Horn Blvd
 Intended for single member households, this group will provide confidential support and decision-making resources to individuals who do not have the immediate support of family members.
 Contact: **Cathy Nagler** at **218-226-3635** or **cathy@nsapartners.org**

**2nd & 4th
Tuesdays**

Caregivers Support Group | 1:00pm – 2:30pm
In the conference room at the U.P. Church, 17 Horn Blvd
 This group offers a safe place for individuals who are caring for an aging loved one to receive confidential support and information. Respite and one-on-one caregiver consulting is also available.
 Contact: **Cathy Nagler** at **218-226-3635** or **cathy@nsapartners.org**



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TECHNOLOGY ASSISTANCE

NSAP has offered several technology assistance opportunities throughout the fall - with support from the Lighthouse Center for Vision Loss and Northland Foundation AGE to age. We will continue to arrange **one-on-one assistance** with your smart phones, tablets, and laptops. To make an appointment, contact:
Nancy Christenson at **218-226-3635** or **nancy@nsapartners.org**



VOLUNTEER APPRECIATION

NSAP volunteers are the heart of our organization, giving generously of their time and energy to create a community that cares for its elderly residents. To help with **chores or errands, rides to medical appointments, friendly visits and phone calls**, or to serve on our **board of directors**, contact:

Judy Larson at **218-226-3635** or **volunteer@nsapartners.org**



OFFICE HOURS

**MONDAY – THURSDAY
9:00 AM – 3:00 PM
FRIDAY
9:00 AM – 12:00 PM**

STAFF

Lise Abazs,
Executive Director
Judy Larson,
Volunteer & Service
Coordinator
Nancy Christenson,
Outreach Coordinator
Cathy Nagler,
Health Coordinator &
Caregiver Consultant

BOARD OF DIRECTORS

Pastor Stew Carlson, Chair
 Theresa Rose, Vice Chair
 Cindy Hanson, Secretary
 Ann Snyder, Treasurer
 Pam Jonson
 Betty Josephson
 Carol Youngberg

SUPPORTED BY:

Minnesota Dept of Human Services,
 Lake County Health & Human Services,
 Arrowhead Area Agency on Aging-ARDC,
 AEOA, Lloyd K. Johnson Foundation,
 Northland Foundation, United Way,
 Cliffs Foundation, Co-op Light & Power,
 & many local individuals and businesses

PLEASE REMEMBER NORTH SHORE AREA PARTNERS WITH YOUR YEAR-END CHARITABLE GIVING!

I wish to make a gift of: \$10 ___ \$25 ___ \$50 ___ \$100 ___ Other _____

Please accept my gift in honor/memory of: _____

*Your generous support enables us
to offer our services to
all the elders in our community!
Thank you for your gift!*